

Mt. Elbrus 5642m

Climb 13 days Adyrsu & Baksan valleys

Program 2015: June-July-August-September

Day 1. Arrive in Mineralnye Vody, on the plains north of the Caucasus. Drive by private bus to Terskol town (see pictures) (about 3,5 hours) the hotel in Baksan Valley, near Elbrus (the altitude is 2100 meters)



Ullutau view

Day 2. Our trek starts with a pleasant walk up the Terskol Valley to the "Terskolak" campsite, an alpine meadow campsite at 2500m. From the hotel we drive about 20 min to the Terskol Valley and then take 2hrs walk to the campsite. After lunch we go to the Terskol glacier for crampons practice. This is an excellent day to tone up our muscles for the days ahead.

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Hostel Ullutau



Day 3. Walk up the Terskol Glacier, ascend Terskolak Pass 3620m. A fine day with a mixture of terrain providing good practice with ice axe and crampons. If the weather and the group conditions are good, it is possible to climb Terskolak Peak, 3790 m. Return back to the hotel on the same day.

Day 4. A short drive to Vierhny Baksan from where we walk up through woods then open mountain slopes to Syltran Lake at 3200m., one of the largest lakes in the Caucasus. Camp. This is a long, demanding day, excellent training for the long pull up Elbrus!

Day 5. Cross the Syltran Pass, 3400m. with a possible 30 min. side trip to a nearby small summit and viewpoint. We descend by the Mukal Valley and then walk up by the Mkiara Valley to camp at 3100m.



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Day 6. Cross the glaciated Irik Pass, 3750m. to a campsite in the forest lower down in the beautiful Irik Valley. Camp.

Day 7. Finishing our descent from the Irik valley we return to the hotel. The afternoon is free to relax, have a sauna or wander into Terskol. Night in the hotel.

Day 8. 15 min drive to the Azau station. We take the cable car/chair lift system up Elbrus and stay in the Garabashi Huts at 3800m or the Diesel Hut at 4100m.



Barrels



Day 9. Acclimatization walk to Pastukhova Rocks at 4800m. Return to the hut.

Day 10. We begin in the early morning hours to ascend the highest of Elbrus' twin peaks - the West Summit. You carry your day pack with the day's requirements. We return to spend the night at the hut.

Day 11. Spare day to attempt Elbrus if the weather on the previous day was bad (otherwise return to the hotel).



Way to Mt.Elbrus from the South

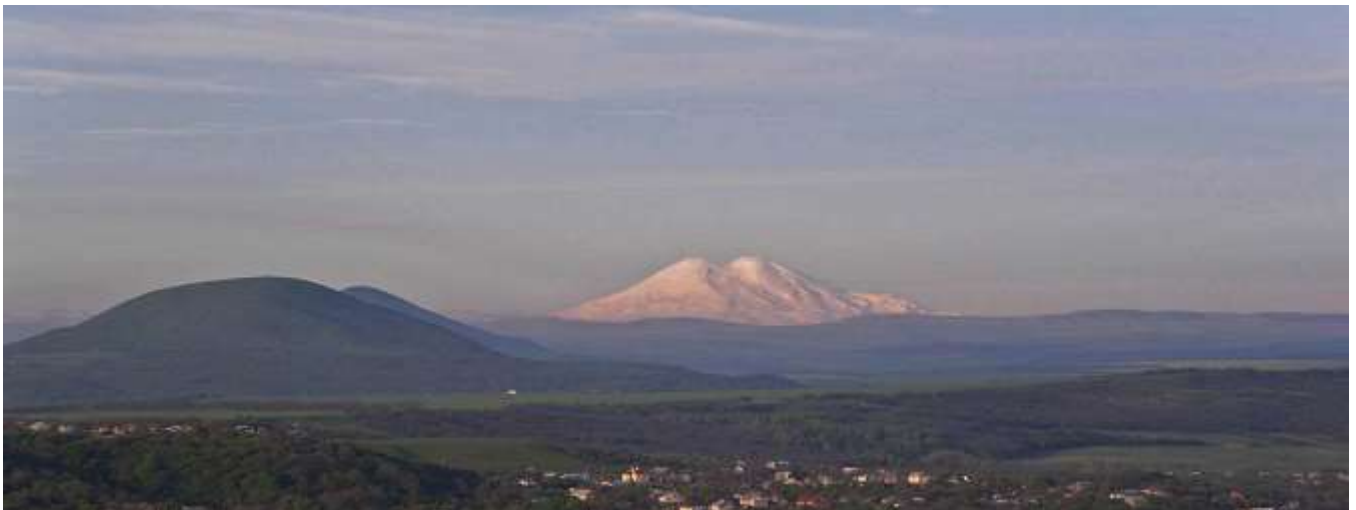
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Day 12. Return to the hotel. Relax and perhaps enjoy one of the fine walks from the hotel.



Day 13. Drive to Mineralnye Vody for the flight home.



Elbrus view from Pyatigorsk

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Price per person for the trip: 1395€

Single room supplement: Hostel Ullutau 20€; hotel 25€

The price includes:

- All necessary transfers required for carrying out the trip.
- Accommodation according to the program.
- Tents - 2 persons per tent
- Full board throughout the trip, excluding farewell dinner.
- NewRoute mountain guide.
- Assistant guides on Elbrus Summit day. Our guide/client ratio on the Summit day is 1/3
- NewRoute Outdoor Cook.
- Porters for communal gear on trek
- Elbrus cable ways
- Necessary formality (visa support, passport registration, border permit).
- National Park fee

Not included:

- Flights to / from MinVody airport
- Unexpected preliminary evacuation cost
- Insurance
- Personal expenses, alcohol
- Visa costs

Cancellation Fees:

- up to 45 days to arrival: none
- 44 - 21 days prior to arrival: 15%
- 20 - 15 days prior to arrival: 30%
- less than 14 days prior to arrival: 50%

In case of earlier descent to Pyatigorsk – extra accommodation in Hotel Intourist and meals (not according to the tour program) at its own cost!

For visiting Russia: you have to get the Russian visa. No visa can be obtained in an airport by arrival to Russia. To obtain the visa send us your passport details and we send you the invitation letter and voucher, and their copies to the Russian Consular Department.

For the invitation letter we need your following data:

Family Name, Given Name, Gender, Date of Birth (Day / Month / Year), Nationality, Passport Number, Passport Validity, Your FAX Number, Your permanent address, Address of the Russian Consulate where you would apply for the visa

The nearest Russian embassy can be found on the following web-site: <http://www.russianembassy.net>

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